







Breakfast K-8

All our foods are Pre-Cooked and just needs to be warmed.

Suggested Meal Combination – <i>Some meal items might vary.</i>				
Turkey Bacon, Egg, and Cheese Biscuit Juice & Fruit Milk	Cereal Fruit Milk	Chicken Biscuit Juice & Fruit Milk	Yogurt & Crackers Fruit Milk	Maple Glazed French Toast Sticks with Turkey Bacon Fruit & Juice Milk
 Oven Directions Cook from Frozen. Preheat oven to 350F. Biscuit: Place biscuit on a baking sheet. Heat for 10-12 minutes or until hot. Bacon: Place bacon on sheet in a single layer. Heat in the oven for 4-6 minutes or until hot. Egg Patty: Follow Microwave Directions  Thaw* & Microwave: Cook all foods on microwave safe plates. Biscuit: Wrap biscuit in a damp paper towel. Heat on high for 25-30 seconds. Remove and serve. Bacon: Place strips in a single layer. Heat on high for 15-20 seconds. Egg Patty: Heat on high for 45-60 seconds. Remove, top with cheese and serve.		 Oven Directions Cook from frozen. Preheat oven to 350F. Chicken: Place patty in a single layer on a lined sheet pan. Heat for 14-18 minutes. Biscuit: Place biscuit on a baking sheet. Heat for 10-12 minutes or until hot.  Thaw* and Microwave: Cook all foods on microwave safe plates. Biscuit: Wrap biscuit in a damp paper towel. Heat on high for 25-30 seconds. Remove and serve. Chicken Patty: For best quality use Oven Directions.		 Oven Directions Preheat oven to 350F. Cook when THAWED: French Toast Sticks: Place in a single layer glaze side up. Bake for 12 minutes. Bacon: Place bacon on sheet in a single layer. Heat in the oven for 4-6 minutes or until hot.  Microwave: Cook when THAWED: Cook all foods on microwave safe plates. French Toast Sticks Place on plate with glaze side up. Heat on full power for 60 seconds. Bacon: Place strips in a single layer. Heat on high for 15-20 seconds.

! PLEASE READ

Please wash all fruit before eating.

Keep milk and juice chilled for best flavor.

Remove all foil before microwaving.

USE ALL ITEMS BY THEIR EXPIRATION DATE OR WITHIN 5 DAYS.














Sun Cups are 100% Fruit Juice. Drink within 2 hours or place in refrigerator.

Appliances vary, heating times given are approximate and may need to be adjusted.

*Recommend to THAW all foods in the refrigerator.
This institution is an equal opportunity provider.

Lunch K-8

All our foods are Pre-Cooked and just needs to be warmed.

Suggested Meal Combination- <i>Some meal items might vary.</i>				
<p>Hamburger Crinkle Cut Fries Peach Cup Juice & Milk</p>	<p>!!!Nachos Corn & Black Bean Salad Fresh Fruit Milk</p>	<p>Cheesy Garlic Twist with Marinara Sauce Broccoli Dippers Fruit Cocktail Juice & Milk</p>	<p>Vegetarian Pizza Pack Tossed Side Salad Fresh Fruit Milk</p>	<p>Breaded Chicken Leg & Churro Tater Tots Peach Cup Juice & Milk</p>
<p> Oven Directions: Cook from frozen.</p> <p>Hamburger: Preheat oven to 350F. Place patty on a sheet pan. Bake for 8-10 minutes or until thoroughly heated.</p> <p>Fries: Preheat oven to 425F. Spread product evenly on a sheet pan. Bake for 13-15 minutes. Rotate pan at 7 minutes and continue cooking.</p> <p> Microwave Directions: Cook when frozen: Cook all foods on microwave safe plates.</p> <p>Hamburger: Cover patty with damp paper towel. Heat on high for 90 seconds or until thoroughly heated. For every additional patty increase cook time by 30 seconds.</p> <p>Fries: For best quality see oven directions.</p> <p> PLEASE READ</p>	<p> Oven Directions: Cook when THAWED.* Preheat oven to 350F.</p> <p>Nacho Meat and Queso Cheese Transfer to oven-safe container. Cover with lid or foil. Heat for 12-15 minutes. Remove from oven, uncover, and stir before serving.</p> <p> Microwave Directions: Cook when THAWED*: Cook all foods in microwave safe bowls.</p> <p>Nacho Meat and Queso Cheese: Transfer nacho meat and queso cheese to a microwave safe container. Cover container with damp paper towel. Heat on high for 60 seconds. Remove and stir before serving.</p>	<p> Oven Directions Cook from frozen. Preheat oven to 350F.</p> <p>Garlic Twist: Place twist in a single layer on a lined sheet pan. Heat for 3- 5 minutes or until hot. Let sit for 1 minute. Marinara Sauce: Check out Microwave Directions for best quality</p> <p> Microwave Directions: Cook when THAWED*: Cook all foods in microwave safe plates.</p> <p>Garlic Twist: Remove twist from foil. Reheat for 30 seconds on high. Let sit for 30 seconds before serving. Marinara Sauce: Transfer to microwave safe container. Heat on high for 60 seconds. Stir before serving.</p>	<p> Oven Directions: Cook when THAWED.*</p> <p>Pizza Pack: Delicious cold or hot!</p> <p> Microwave Directions: Cook when THAWED*: Cook all foods in microwave safe plates.</p> <p> Most of our foods are AIR FRYER FRIENDLY!</p>	<p> Oven Directions: Cook when THAWED.* Preheat oven to 375F.</p> <p>Breaded Chicken Leg: Place chicken leg on sheet pan. Bake 35-40 minutes.</p> <p>Churro: Churros can be thawed and served or baked in the oven for 9-11 minutes.</p> <p>Tater Tots: Spread evenly in lined sheet pan. Bake 12-17 minutes. Rotate pan at 9 minutes. Continue to cook until done.</p> <p> Microwave Directions: Cook from frozen. Cook all foods in microwave safe plates.</p> <p>Breaded Chicken Leg: Cook drumstick on High: 1 leg for 4 minutes, 2 leg for 6 minutes. Let stand 1 to 2 minutes before serving.</p> <p>Churro: Churros can be thawed or served or microwaved in the oven on high for 45-60 seconds.</p> <p>Tater Tots: See Oven Directions for best quality.</p> <p></p>

!!! **ALLERGEN:** *Queso Cheese & Croutons* are produced in a facility that processes tree nuts.

Appliances vary, heating times given are approximate and may need to be adjusted.

***Recommend to THAW all foods in the refrigerator.**